



Canadian Mental
Health Association
Niagara
Mental health for all

Board of Directors Meeting Minutes

Thursday, May 16, 2024
at 6:00 p.m.

264 Welland Ave., St. Catharines ON
Hybrid - Zoom

BOARD OF DIRECTORS

CALL TO ORDER

Andrew Bassingthwaighte called the meeting to order at 8:22 p.m.

ESTABLISHMENT OF QUORUM

Present: Andrew Bassingthwaighte, Fred Cipryk, Peter Fraser, Clayton Roenspiess,
Chris Ventura, Christopher Yendt
Staff: Tara McKendrick, Executive Director (ex-officio)
Regrets: Timothy Nelles, Kelly Pilato, Faith Scott
Recorder: Chris Ventura

DECLARATIONS OF CONFLICT

No conflict of interest was declared.

AGENDA

Moved by: Fred Cipryk

Seconded by: Peter Fraser

That the Agenda **BE APPROVED** as circulated.

Carried.

MINUTES OF PREVIOUS BOARD MEETING

Moved by: Chris Yendt

Seconded by: Peter Fraser

That the Minutes of the Board Meeting held Thursday April 18, 2024, **BE APPROVED** as circulated.

(Abstained: Fred Cipryk, Clayton Roenspiess) **Carried.**

REPORT FROM THE EXECUTIVE DIRECTOR

Tara McKendrick, Executive Director, CMHA Niagara Branch, provided a Report from the Executive Director for information.

Moved by: Chris Yendt

Seconded by: Fred Cipryk

That the Report from the Executive Director for May 2024 **BE RECEIVED** for information.

Carried.

CONSENT AGENDA

Moved by: Peter Fraser

Seconded by: Chris Yendt

Be it resolved that the information items in the consent agenda **BE RECEIVED** for information.

Carried.

NEW BUSINESS

Moved by: Chris Ventura

Seconded by: Peter Fraser

Be it resolved that the Board **ACCEPT** the following recommendation of the Finance Committee:

Be it resolved that the Board **APPROVE** the 2024-25 Budget as presented; and

Be it further resolved that the Board **REQUEST** that management provide regular updates on mitigation efforts meant to bring the budget to balance by March 31, 2025.

Carried.

Moved by: Clayton Roenspiess

Seconded by: Fred Cipryk

Be it resolved that the Board **ACCEPT** the following recommendation of the Governance Committee:

Be it resolved that the Board **STRIKE** an ad-hoc Committee of the Governance Committee to review changes to the CMHA Niagara By-laws as recommended;

Be it further resolved that the ad-hoc Committee **CONSIDER** accessible language when reviewing the changes as presented; and

Be it further resolved that the Committee **COMPLETE** its work ahead of the Ontario Not-for-Profit Corporations Act enforcement deadline in October 2024.

Carried.

OTHER BUSINESS

Tara McKendrick provided information respecting the upcoming Annual General Meeting of the CMHA Niagara Membership on June 20, 2024 following the unveiling of the CMHA Niagara Donor Wall. Ms. McKendrick also advised that all Board members are invited to the unveiling of the Donor Wall event and event invitations were sent out.

NEXT MEETING

The next combined Committee and Board meeting will be held June 20, 2024 at 6:30 pm, at a Johnny Rocco's Restaurant, 271 Merritt St, St. Catharines.

ADJOURNMENT

There being no further business, the meeting adjourned at 8:37 p.m.