

Board of Directors Meeting Minutes

Thursday, June 29, 2023

Johnny Rocco's 271 Merritt St., St. Catharines

LAND ACKNOWLEDGEMENT

The land acknowledgement was read by Andrew Bassingthwaighte.

CALL TO ORDER

Andrew Bassingthwaighte called the meeting to order at 6:10 pm.

ESTABLISHMENT OF QUORUM

- Present: Andrew Bassingthwaighte, Kelly Pilato, Matthew Mahler, Timothy Nelles, Peter Fraser, Chris Ventura, Tara McKendrick (ex officio), Marion Quigley
- Regrets: Faith Scott, Marlena Stadnik-Misner, Christopher Yendt

Recorder: Sherry Riddick

DECLARATIONS OF CONFLICT

No conflict of interest was declared.

AGENDA

The agenda was approved by all.

Moved by: Kelly Pilato Seconded by: Chris Ventura

That the Agenda for the Board Meeting of June 29, 2023 be adopted as circulated.

Carried.

MINUTES OF PREVIOUS BOARD MEETING

The minutes were approved by all.



Moved by: Timothy Nelles Seconded by: Matthew Mahler

That the Minutes of the Board Meeting held Thursday May 25, 2023 be adopted ascirculated.Carried.

CONSENT AGENDA



Moved by: Kelly Pilato Seconded by: Matthew Mahler

That the Consent Agenda be adopted as circulated.

Carried.

REPORT FROM THE EXECUTIVE DIRECTOR

- Meeting was arranged by John Armstrong of the Armstrong Strategy Group between ED, Mr. Armstrong and Mayor Matt Siscoe. Intent was to share the work of the Trauma Informed Collaborative and future opportunities of this initiative to aid in the community response to mental health, addictions and homelessness. Continued conversations are anticipated.
- Opportunity to lease additional space at 264 Welland Ave, St. Catharines with the exit of other tenants. Has been deemed to be affordable and manageable in budget, at the same time that space concerns have been identified which are impacting client service and staff ability to complete tasks effectively (in person group space, dedicated office for OSP clinician, not enough "bookable spaces" for client meeting on site, some staff do not have a work space when on site etc.). Lease will be signed to start access to space July 1, and planning for effective use will commence in the coming weeks. Tara will receive the keys on July 4, 2023.
- CMHA Niagara ED attended and participated in a "meet and greet" between Niagara
 Ontario Health Team partners and members of the Indigenous community at the Fort
 Erie Native Friendship Centre on June 16. A meal was shared and during a sharing circle
 the NOHT Strategic Plan was discussed, as well as stories and experiences of the health
 care system were shared by members.

- A meeting with the ED was requested and arranged by the office of MPP Sam Oosterhoff. It was an opportunity to assist MPP Oosterhoff in understanding the messaging regarding no base budget increases, and the difference between base budget and "new investments". Productive and collaborative conversation.
- The Women and Wellness Committee submitted a briefing note to the ED requesting approval for changing the name of this annual fundraising event. It was confirmed that this is an operational decision at this point, and approval was given. The committee will move forward with planning the event under a **new "Wellness for All" brand.** A briefing note is included below for the Board's awareness of history of the event and rationale for change at this time.
- We thank Board members for their time and energy this Board year, and wish everyone a refreshing and enjoyable summer!!! We look forward to seeing you in the Fall of 2023, when it is anticipated that Board meetings will return to in person format at 264 Welland Ave (with virtual option for specific circumstances as needed).

Moved by: Peter Fraser Seconded by: Chris Ventura

That the ED Report for June 2023 be accepted.

Carried.

NEW BUSINESS

• **Briefing Note** - As mentioned in the ED Report above, The Women and Wellness Committee has voted to change the name of the event to **"Wellness for All".** See briefing note below for full details.



• **Tour for Board Members** – The board members have requested a tour of the 264 Welland Ave., St. Catharines office for sometime in the near future. Sherry will send an email to suggest a few dates and poll the board members for their availability.

OTHER BUSINESS

• Link to Meeting survey: <u>https://www.surveymonkey.com/r/FYRSVZ3</u>

ADJOURNMENT

Andrew Bassingthwaighte moved to adjourn the meeting at 6:30pm.