



Resource Order Form

Submit requests by:

Email: info@cmhaniagara.ca

Fax: 905-641-4566

Phone: 905-641-5222

Ordering guidelines can be found on our website here: [link](#)

Instructions:

1. Please use the latest order form on our website. Before you start, save a copy on your computer to avoid losing your work.
2. Complete the “Additional Information” section at the bottom of this form if your order is over item limits.

Contact Information:

First name:		Last name:	
Phone (work/home):		Ext:	Email:
Org./Company:			
Street Address:		P.O. Box:	
City:	Province: Ontario	Postal Code:	

	CMHA Niagara Collateral	Limit	Quantity
1	CMHA Niagara's Programs and Services brochure	30 copies	
2	Real Work rack card	50 copies	
3	Crisis Outreach and Support Team (COAST) rack card	50 copies	
4	Safe Beds rack card	50 copies	
5	Coping Cards (Dive Reflex/Reflection Technique)	20 cards	
6	Coping Cards (Deep Breathing/Grounding Technique)	20 cards	
7	Immediate Access business card (double sided) – Same Day Service & COAST information	100 cards	



**Canadian Mental
Health Association**
Niagara
Mental health for all

Additional Information:

Please complete this section if your order exceeds any limits identified on this form.

1. What are the materials intended for?

2. Who is the audience?

3. What is your rationale for the quantity requested (e.g. number of attendees at a special event, patients treated at your organization, etc.)?

4. What time period do you expect these materials to cover?