



## Resource Order Form

### Submit requests by:

Email: [info@cmhaniagara.ca](mailto:info@cmhaniagara.ca)

Fax: 905-641-4566

Phone: 905-641-5222

Ordering guidelines can be found on our website here: [link](#)

### Instructions:

1. Please use the latest order form on our website. Before you start, save a copy on your computer to avoid losing your work.
2. Complete the “Additional Information” section at the bottom of this form if your order is over item limits.

### Contact Information:

First name:		Last name:	
Phone (work/home):		Ext:	Email:
Org./Company:			
Street Address:			P.O. Box:
City:		Province: Ontario	Postal Code:

	CMHA Niagara Collateral	Limit	Quantity
1	CMHA Niagara's Programs and Services brochure	30 copies	
2	Real Work rack card	50 copies	
3	Crisis Outreach and Support Team (COAST) rack card	50 copies	
4	Safe Beds rack card	50 copies	
5	Coping Cards (Dive Reflex/Reflection Technique)	20 cards	
6	Coping Cards (Deep Breathing/Grounding Technique)	20 cards	
7	Need Support business card (double sided) – Urgent Support & COAST information	100 cards	
8	Walk-In Counselling business card	100 cards	

